



# Satya Studio

<http://www.satyasattva.com/>

## Enneagram of Personality Workshop and Classes



**Dr. Adina Riposan-Taylor**  
Saraswati Devi

*George I. Gurdjieff was an influential spiritual teacher of the early to mid-20th century who believed that most human beings lived their lives in a state of hypnotic "waking sleep", but that it was possible to transcend to a higher state of consciousness, and to achieve full human potential. He taught the Enneagram aiming to bring self-awareness in people's daily lives and humanity's place in the universe.*

### Check Satya's Calendar of Events

for classes and workshops:

<http://www.satyasattva.com/events/>

Satya Sattva Inc is a Florida Non-Profit Corporation, educational and wellness center, N14000001880

Satya Sattva is a Mind & Body wellness center, spiritual and esoteric study group, and a school of thought. We provide classes and workshops in modern & traditional Yoga, Meditation, Qigong and Tai Chi, and Eastern philosophy.

**Dr. Adina Riposan-Taylor** (Saraswati Devi) is the founder of Satya Sattva studio and study group. Adina is life-time committed to self-development practice and study, such as Yoga and Meditation, Qigong and Tai Chi, philosophy and contemplative comparative studies in Buddhism, Hinduism, Shivaism, Sufism, Taoism, and Christianity, as well as self-inquiry and Transpersonal Psychology.

Adina studied the **Enneagram of Personality** system for two years and she was part of an Enneagram study group for over five years. She has further chosen the Enneagram self-development practice as one of the main reflection and self-awareness disciplines in her psychological and spiritual paths towards enlightenment.

Adina has practiced Meditation for 22 years and Yoga for 15 years, in several countries in Europe, as well as in the USA. Her experience covers a wide variety of yoga branches and styles, such as Hatha Yoga, Kriya Yoga, Kundalini Yoga, Jnana Yoga, Raja Yoga, Tantra Yoga, Vinyasa and Ashtanga Yoga. Adina received her Empowerment in Vajrayana Buddhism, being part of a Buddhist Palchen Study Group affiliated to the Kunzang Palchen Ling (KPL) Tibetan Buddhist Center.

*Adina is an active researcher in Biomedical Informatics, with particular research interests in Integrative Medicine and Contemplative Neuroscience.*

*Review the biography of Dr. Adina Riposan-Taylor:*

<http://www.satyasattva.com/adinas-bio/>

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